

## 99-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	體育一(上)C40	Serial No. / ID	2346 / CDC0940
Dept.	共同教學中心	School System / Class	大學日間部8年1班
Lecturer	黃娟娟	Full or Part-time	專任
Required / Credit	Required / 0	Graduate Class	NO
Time / Place	(五)78 / K309	Language	Chinese

Introduction
<ul style="list-style-type: none"> <li>一 self defense</li>   <li>二 Raise sense of justice</li>   <li>三 Study team spirit</li>   <li>四 Raise movement leisure custom</li> </ul>

Outline
<ul style="list-style-type: none"> <li>1 Forward roll.backward roll</li> <li>2 Joint control</li> <li>3 ball catch training</li> <li>4 Swing training</li> </ul>

Prerequisite
NO