

99-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	生命期營養學	Serial No. / ID	1422 / MHI3007
Dept.	藥用植物與保健學系	School System / Class	大學日間部3年1班
Lecturer	謝文章	Full or Part-time	專任
Required / Credit	Optinal / 2	Graduate Class	No
Time / Place	(四)34 / J112	Language	Chinese

Introduction
Students in the Nutrition in Life Span class will be required to familiarized with 1. The influence of nutrition in each stage of human life span, 2.The biochemical, physiological, microbiological effects of major nutritional ingredients on human life span, and 3. Development of independent ability to the application of nutritional knowledge on daily life.

Outline
<p>Class Introduction</p> <ol style="list-style-type: none"> 01. Introduction 02. Carbohydrates 03. Proteins 04. Fatty acids 05. Vitamins 06. Minerals and water 07. Energy balance 08. Balanced food intake 09. Nutrition during pregnancy and breast feeding 10. Nutrition in infancy 11. Nutrition in childhood and puberty 12. Nutrition in mid age 13. Nutrition in diseases

Prerequisite
General chemistry, Biology