98-2 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	運動舞蹈d1	Serial No. / ID	2432 / CDC6826
Dept.	共同教學中心	School System / Class	大學日間部8年4班
Lecturer	林淑芬	Full or Part-time	專任
Required / Credit	Optinal / 1	Graduate Class	Yes
Time / Place	(≡)34 / K309	Language	Chinese

Introduction

- a. learning the principles of movement and basic dance movements, to stimulate students interest in learning dance.
- b. promote proper re c r e a t e ion, a healthy physical fitness, improve interpersonal communication.
- c. development of a proper dance movement, the concept of international etiquette.
- d. combined with community development and extension of dance movement to push along the goal of social sports.

Outline

- 1. Dance Division Category Introduction
- 2. Exercise space and the muscles of features
- 3. Holding, standing position, introduce music
- 4. Basic Waltz demonstration exercises
- 5. WaltzProcess link to practical operation steps
- 6. Waltz the music and dance step to Match
- 7. Assessment

Prerequisite

Never take the course of four students can be elective.