

## 98-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	體育三上:桌球G2	Serial No. / ID	2211 / CDC1524
Dept.	共同教學中心	School System / Class	大學日間部8年3班
Lecturer	張志銘	Full or Part-time	專任
Required / Credit	Required / 0	Graduate Class	NO
Time / Place	(四)56 / K309	Language	Chinese

Introduction
<ol style="list-style-type: none"> <li>1.To enhance the technical capacity of table tennis students</li> <li>2.Cultivate the ability of students to engage in table tennis</li> <li>3.To promote physical activity and healthy individuals</li> </ol>

Outline
<ol style="list-style-type: none"> <li>1.Introduces the evolution of table tennis</li> <li>2.Backhand short Tuidang technical presentations and exercises</li> <li>3.Backhand long Tuidang technical presentations and exercises</li> <li>4.Backhand the ball short technical presentations and exercises drawn</li> <li>5.Tuidang forehand short technical presentations and exercises</li> <li>6.Is in hand to the ball short pumping technology and practice techniques</li> <li>7.Forehand long technical presentations and exercises drawn ball</li> <li>8.Backhand technical presentations and practice chipping</li> <li>9.Backhand cut the ball technical presentations and exercises</li> <li>10.Forehand smash technical presentations and exercises</li> <li>11.Singles competition rules introduced with the actual practice</li> <li>12.Doubles competition rules introduced with the actual practice</li> </ol>

## Prerequisite

1. Physical activity accessible
2. With those who love table tennis