98-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	體育二上:桌球E2	Serial No. / ID	2092 / CDC1323
Dept.	共同教學中心	School System / Class	大學日間部8年2班
Lecturer	張志銘	Full or Part-time	專任
Required / Credit	Required / 0	Graduate Class	NO
Time / Place	(—)34 / K309	Language	Chinese

Introduction

- 1. To enhance the technical capacity of table tennis students
- 2. Cultivate the ability of students to engage in table tennis
- 3. To promote physical activity and healthy individuals

Outline

- 1.Introduces the evolution of table tennis
- 2.Bbackhand short Tuidang technical presentations and exercises
- 3. Backhand long Tuidang technical presentations and exercises
- 4.Backhand the ball short technical presentations and exercises drawn
- 5. Tuidang forehand short technical presentations and exercises
- 6. Is in hand to the ball short pumping technology and practice techniques
- 7. Forehand long technical presentations and exercises drawn ball
- 8. Singles competition rules introduced with the actual practice
- 9. Doubles competition rules introduced with the actual practice

Prerequisite

- 1. Physical activity accessible
- 2. With those who love table tennis