## 97-2 Preliminary Syllabus, Da-Yeh Univ

Information				
Title	體育一(下)D4	Serial No. / ID	2278 / CDC0954	
Dept.	共同教學中心	School System / Class	大學日間部8年1班	
Lecturer	楊士欣	Full or Part-time	兼任	
Required / Credit	Required / 0	Graduate Class	NO	
Time / Place	(四)12 / K309	Language	Chinese	

Introduction	
— self defense	
Raise sense of justice	
三Study team spirit	
Study team spirit	
四Raise movement leisure custom	

## Outline

- 1 Forward roll.backward roll
- 2 Joint control
- 3 ball catch training
- 4 Swing training

## Prerequisite

NO