

97-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	體育一(上)C32	Serial No. / ID	2019 / CDC0932
Dept.	共同教學中心	School System / Class	大學日間部8年1班
Lecturer	陳培季	Full or Part-time	兼任
Required / Credit	Required / 0	Graduate Class	NO
Time / Place	(五)56 / K309	Language	Chinese

Introduction

There were three purpose of this class:

the first was to learn the philosophy of basketball and badminton, the second was to learn the correct practice method for basketball and badminton skill, the third was to improve the health of students.

Outline

chapter 1-practice basketball basic drill skills.

chapter 2-practice badminton basic skill.

Prerequisite

Students should be equipped with basic fitness.