97-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	營養學	Serial No. / ID	0280 / BTI3039
Dept.	生物產業科技學系	School System / Class	大學日間部3年2班
Lecturer	顏裕鴻	Full or Part-time	專任
Required / Credit	Optinal / 3	Graduate Class	NO
Time / Place	(—)9 / H543 (<u>—</u>)78 / H562	Language	Chinese

Introduction

This course teaches students understand the purpose of various nutrients needed by the body, its chemical composition and properties, physiological function, digestion, absorption and metabolism of food in the content, balanced diet and good health

Outline

Introduction, lipid protein energy carbohydrate dietary guidelines soluble vitamins water-soluble vitamins - VitC, water-soluble vitamins - VitB base fluid and electrolyte minerals, health food diet plan based on food safety 聆聽以拼音方式閱讀

Prerequisite

General chemistry, organic chemistry, general biology, biochemistry