

102-2 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	職涯探索與自我發展J2	Serial No. / ID	2428 / CDC7052
Dept.	共同教學中心	School System / Class	大學日間部6年2班
Lecturer	林育如	Full or Part-time	專任
Required / Credit	Optinal / 2	Graduate Class	NO
Time / Place	(三)56 / B506	Language	Chinese

Introduction
<p>This course is to assist students acquiring fundamental knowledge and skills of career planning for their future career development. Course design focus on self-knowledge, career exploration and planning, and self-development at workplace. Course contents encompass topics in following areas:</p> <p>(1) theories of career planning;</p> <p>(2) psychological tests of self-knowledge;</p> <p>(3) introduction of concepts of employment, job, work, and career;</p> <p>(4) strategies of self-development at workplace, including career planning, career decision, and career development with a class assignment of drafting personal career plan; and</p> <p>(5) competitive capacities for future job markets. Course activities will involve resources from the Center of Career Development in the Office of Student Affairs to apply psychological tests on students enrolled in this course.</p>

Outline
<ol style="list-style-type: none"> 1. Career 101: Concepts and theories of career planning 2. Self-knowledge: Self concepts, self awareness, and self actualization 3. Work place: Self management, emotional control, and employment 4. Self Development: Using SWOT strategy to analyze personal strength for futrue development 5. Implementation of career plan: practice and strengthen competitive career capacities in course activities

Prerequisite
<ol style="list-style-type: none"> 1. Basic abilities in listening and understanding, reading, and writing in Chinese. 2. Professional efficiency at school work 3. Pragmatic capacity in personal life 4. Habit of active learning and self-improvement 5. Personal desire for being c r e a t e i v e and innovative 6. Self-confidence and diligence