

# 102-2 Preliminary Syllabus, Da-Yeh Univ

| Information       |              |                       |                |
|-------------------|--------------|-----------------------|----------------|
| Title             | 職涯探索與自我發展J1  | Serial No. / ID       | 2427 / CDC7011 |
| Dept.             | 共同教學中心       | School System / Class | 大學日間部6年2班      |
| Lecturer          | 林育如          | Full or Part-time     | 專任             |
| Required / Credit | Optinal / 2  | Graduate Class        | NO             |
| Time / Place      | (三)34 / P501 | Language              | Chinese        |

| Introduction   |  |
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| <p>This course is to assist students acquiring fundamental knowledge and skills of career planning for their future career development. Course design focus on self-knowledge, career exploration and planning, and self-development at workplace. Course contents encompass topics in following areas:</p> <p>(1) theories of career planning;</p> <p>(2) psychological tests of self-knowledge;</p> <p>(3) introduction of concepts of employment, job, work, and career;</p> <p>(4) strategies of self-development at workplace, including career planning, career decision, and career development with a class assignment of drafting personal career plan; and</p> <p>(5) competitive capacities for future job markets. Course activities will involve resources from the Center of Career Development in the Office of Student Affairs to apply psychological tests on students enrolled in this course.</p> |  |

| Outline   |  |
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| <ol style="list-style-type: none"> <li>1.Career 101: Concepts and theories of career planning</li> <li>2.Self-knowledge: Self concepts, self awareness, and self actualization</li> <li>3.Work place: Self management, emotional control, and employment</li> <li>4.Self Development: Using SWOT strategy to analyze personal strength for futrue development</li> <li>5.Implementation of career plan: practice and strengthen competitive career capacities in course activities</li> </ol> |  |

| Prerequisite  |  |
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| <ol style="list-style-type: none"> <li>1. Basic abilities in listening and understanding, reading, and writing in Chinese.</li> <li>2. Professional efficiency at school work</li> <li>3. Pragmatic capacity in personal life</li> <li>4. Habit of active learning and self-improvement</li> <li>5. Personal desire for being c r e a t e i v e and innovative</li> <li>6. Self-confidence and diligence</li> </ol> |  |