

102-2 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	保健膳食與食療	Serial No. / ID	1956 / HOB3001
Dept.	餐旅管理學士學位學程	School System / Class	進修學士班2年1班
Lecturer	張得峰	Full or Part-time	兼任
Required / Credit	Required / 3	Graduate Class	No
Time / Place	(二)ABC / M#113	Language	Chinese

Introduction

Diet therapy is the use of food to influence all aspects of body function, so one way to get health or disease prevention. The course is based on this point of view, to teach students to use common materials, such as food and herbs, to cook and learn health care function of cooking food issue.

Outline

Assessment of nutritional status
Recognizing herbs
Healthy Food
Nutritional treatment of diseases (1)
Nutritional treatment of diseases (2)
Nutritional treatment of diseases (3)
Nutritional treatment of diseases (4)
Nutritional treatment of disease (5)

Prerequisite

Chinese food cooking
Principles of food
Nutrition