

102-2 Preliminary Syllabus, Da-Yeh Univ

| Information | | | |
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| Title | 保健膳食與食療 | Serial No. / ID | 1870 / HOG3001 |
| Dept. | 餐旅管理學士學位學程 | School System / Class | 大學日間部1年2班 |
| Lecturer | | Full or Part-time | 專任 |
| Required / Credit | Required / 3 | Graduate Class | No |
| Time / Place | (一)234 / M#113 | Language | Chinese |

| Introduction |
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| Diet therapy is the use of food to influence all aspects of body function, so one way to get health or disease prevention. The course is based on this point of view, to teach students to use common materials, such as food and herbs, to cook and learn health care function of cooking food issue. |

| Outline |
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| he basic diet Assessment of nutritional status Recognizing herbs Healthy Food Nutritional treatment of diseases (1) Nutritional treatment of diseases (2) Nutritional treatment of diseases (3) Nutritional treatment of diseases (4) Nutritional treatment of disease (5) |

| Prerequisite |
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| Chinese food cooking Principles of food Nutrition |