

102-2 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	保健膳食與食療	Serial No. / ID	1858 / HOG3001
Dept.	餐旅管理學士學位學程	School System / Class	大學日間部2年1班
Lecturer		Full or Part-time	專任
Required / Credit	Required / 3	Graduate Class	No
Time / Place	(三)2 / M#113 (三)3 / M#113	Language	Chinese

Introduction
Diet therapy is the use of food to influence all aspects of body function, so one way to get health or disease prevention. The course is based on this point of view, to teach students to use common materials, such as food and herbs, to cook and learn health care function of cooking food issue.

Outline
he basic diet Assessment of nutritional status Recognizing herbs Healthy Food Nutritional treatment of diseases (1) Nutritional treatment of diseases (2) Nutritional treatment of diseases (3) Nutritional treatment of diseases (4) Nutritional treatment of disease (5)

Prerequisite
Chinese food cooking Principles of food Nutrition