

102-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	運動健康管理實務-氣功	Serial No. / ID	2506 / BSM3040
Dept.	運動事業管理學系	School System / Class	大學日間部3年2班
Lecturer	李城忠	Full or Part-time	專任
Required / Credit	Optinal / 2	Graduate Class	No
Time / Place	(五)56 / J109	Language	Chinese

Introduction
<ol style="list-style-type: none"> 1. Understanding how qigong exercises 2. Application of qigong

Outline
<p>The Lung Channel Of Hand Taiyin</p> <p>The Large Intestine Channel of Hand YangMing</p> <p>The Stomach Channel of Foot YangMing</p> <p>The Heart Channel Of Hand Shaoyin</p> <p>The Small Intestine Channel of Hand Taiyang</p> <p>The Bladder Channel of Foot Taiyang</p> <p>The Kidney Channel of Foot Shaoyin</p> <p>The Sanjiao Channel of Hand Shaoyang</p> <p>The Gallbladder Channel of Foot ShaoyanThe Liver Channel of Foot Jueyin</p>

Prerequisite
No