## 102-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	運動傷害與急救	Serial No. / ID	2501 / BSM3037
Dept.	運動事業管理學系	School System / Class	大學日間部3年1班
Lecturer	顏聖烈	Full or Part-time	兼任
Required / Credit	Optinal / 2	Graduate Class	No
Time / Place	( <del>-</del> )78 / B505	Language	Chinese

## Introduction

- 1.Study of sports injuries and first aid knowledge
- 2.learning approach for sports injuries and first aid

## Outline

- 1. History of sports injuries
- 2. Reason and disposal of sports injuries
- 3. First aid of sports injuries
- 4. Hand sports injury treatment and prevention
- 5. Thigh sports injury treatment and prevention
- 6. Leg sports injuries treatment and prevention
- 7 on the back of the sports injuries treatment and prevention
- 8. Treatment and prevention. Lower back and sports injuries
- 9. Treatment and prevention. Head of sports injuries

## Prerequisite

high degree of interest in sports injuries and first aid learning