

101-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	進修-大一體育(上)E11	Serial No. / ID	2603 / CDC3061
Dept.	共同教學中心	School System / Class	進修學士班8年1班
Lecturer	張英智	Full or Part-time	專任
Required / Credit	Required / 2	Graduate Class	NO
Time / Place	(五)CD / K309	Language	Chinese

Introduction

There were three purpose of this class:
the first was to learn the philosophy of table-tennis and badminton, the second was to learn the correct practice method for basketball and badminton skill, the third was to improve the heath of students.

Outline

chapter 1-practice table-tennis basic drill skills.
chapter 2-practice badminton basic skill.

Prerequisite

Students should be equipped with basic fitness.