101-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	進修-大一體育(上)E1	Serial No. / ID	2593 / CDC3051
Dept.	共同教學中心	School System / Class	進修學士班8年1班
Lecturer	楊世達	Full or Part-time	專任
Required / Credit	Required / 2	Graduate Class	NO
Time / Place	(—)AB / K309	Language	Chinese

Introduction

- 1. Understood that the volleyball movement origins, the development and the location rule.
- 2. Study volleyball elementary action technology.
- 3. Raise volleyball movement interest and custom.

Outline

Volleyball movement introduction, skill study and pleasure.

- 1. Passing a ball: The dynamic synthesis passes a ball
- 2. The referee law carries out 3. The competition practices

Prerequisite

The student should have healthily, active, studies the basic condition