

101-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	運動健康管理實務-籃球	Serial No. / ID	1963 / BSM1029
Dept.	運動事業管理學系	School System / Class	大學日間部2年2班
Lecturer	張志銘	Full or Part-time	專任
Required / Credit	Optinal / 2	Graduate Class	No
Time / Place	(一)78 / K106	Language	Chinese

Introduction
<ol style="list-style-type: none">1.To enhance the technical capacity of the student basketball2.Cultivate the ability of students to engage in basketball3.Increase physical activity and healthy individuals4.Promotion of student team learning and mental

Outline
<ol style="list-style-type: none">1.Basketball History2.Introduction and practice of the two basketball dribbling action3.basic movements of the basketball pass the ball introduction and even exercise4.Introduction and practice of basic movements. Basketball pitch5.Introduction and practice of basic movements of the basketball three-step layup6.Basketball basic defensive concepts introduced7.Basketball basic attack tactics introduced

Prerequisite
<ol style="list-style-type: none">1.good health and physical disabilities2.With a passion for basketball