101-1 Preliminary Syllabus, Da-Yeh Univ

| Information | | | |
|-------------------|--------------|-----------------------|----------------|
| Title | 醫藥與健康J1 | Serial No. / ID | 0156 / CDC6928 |
| Dept. | 共同教學中心 | School System / Class | 大學日間部6年2班 |
| Lecturer | 李謹聿 | Full or Part-time | 專任 |
| Required / Credit | Optinal / 2 | Graduate Class | NO |
| Time / Place | (三)56 / M311 | Language | Chinese |

Introduction

This courses covers diet and nutrition, medication security, prevention of cancer and the chronic disease, contraception method, abortion and health, sexual infectious diseases, drug harm, psychological health and the peace therapy nursing, boot students use science method and technology tools, to review the health problems of self from life, turn found health demand of personal and the family, and help to improve personal health , boot students practice health life from physiological, psychological and the community.

Outline

- 1. Ttalk about healthy diet and weight control
- 2. Awareness and prevention of cancer and chronic diseases
- 3. Introduction to methods of contraception, abortion and health, common STDs
- 4. Understand the genetic health
- 5. Understanding of drug related harm
- 6. Mood and health
- 7.Introduction to peace therapy nursing

Prerequisite

nil