

100-2 Preliminary Syllabus, Da-Yeh Univ

| Information | | | |
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| Title | 體育三下:桌球K1 | Serial No. / ID | 2657 / CDC1680 |
| Dept. | 共同教學中心 | School System / Class | 大學日間部8年3班 |
| Lecturer | 張志銘 | Full or Part-time | 專任 |
| Required / Credit | Optinal / 1 | Graduate Class | NO |
| Time / Place | (二)56 / K309 | Language | Chinese |

| Introduction |
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| 1.To enhance the technical capacity of table tennis students |
| 2.Cultivate the ability of students to engage in table tennis |
| 3.To promote physical activity and healthy individuals |

| Outline |
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| 1.Introduces the evolution of table tennis |
| 2.Backhand short Tuidang technical presentations and exercises |
| 3.Backhand long Tuidang technical presentations and exercises |
| 4.Backhand the ball short technical presentations and exercises drawn |
| 5.Tuidang forehand short technical presentations and exercises |
| 6.Is in hand to the ball short pumping technology and practice techniques |
| 7.Forehand long technical presentations and exercises drawn ball |
| 8.Backhand technical presentations and practice chipping |
| 9.Backhand cut the ball technical presentations and exercises |
| 10.Forehand smash technical presentations and exercises |
| 11.Singles competition rules introduced with the actual practice |
| 12.Doubles competition rules introduced with the actual practice |

Prerequisite

1. Physical activity accessible
2. With those who love table tennis