100-2 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	運動健康管理實務-壘球	Serial No. / ID	2158 / BSM2032
Dept.	運動事業管理學系	School System / Class	大學日間部1年2班
Lecturer	呂崇銘	Full or Part-time	專任
Required / Credit	Optinal / 2	Graduate Class	No
Time / Place	(四)56 / P301	Language	Chinese

Introduction

Learning techniques and softball rules

Outline

A History of Softball

Second, softball blow to technology

Third, pass the ball technology softball

Fourth, the softball base running techniques

Fifth, understanding the rules of the game and the actual operation

Prerequisite

Health and physical barrier