

100-2 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	休閒心理學	Serial No. / ID	2157 / RMB2010
Dept.	休閒事業管理學系	School System / Class	進修學士班2年1班
Lecturer	施建彬	Full or Part-time	專任
Required / Credit	Required / 3	Graduate Class	No
Time / Place	(二)ABC / B309	Language	Chinese

Introduction	
Introducing the most important research results of leisure in psychology.	

Outline	
Introduction	
Psychology theory and leisure	
Research methods	
motivation and emotion	
Personality and leisure	
Health and leisure	
Attitude and leisure	
Environment and leisure	
Psychotherapy and leisure	

Prerequisite	
none	