## 100-2 Preliminary Syllabus, Da-Yeh Univ

| Information       |               |                       |                |
|-------------------|---------------|-----------------------|----------------|
| Title             | 營養學           | Serial No. / ID       | 1512 / BTI3039 |
| Dept.             | 生物產業科技學系      | School System / Class | 大學日間部3年1班      |
| Lecturer          | 顏裕鴻           | Full or Part-time     | 專任             |
| Required / Credit | Optinal / 3   | Graduate Class        | No             |
| Time / Place      | (—)569 / H569 | Language              | Chinese        |

## Introduction

This course teaches students understand the purpose of various nutrients needed by the body, its chemical composition and properties, physiological function, digestion, absorption and metabolism of food in the content, balanced diet and good health

## Outline

Introduction, lipid protein energy carbohydrate dietary guidelines soluble vitamins water-soluble vitamins - VitC, water-soluble vitamins - VitB base fluid and electrolyte minerals, health food diet plan based on food safety 聆聽以拼音方式閱讀

## Prerequisite

General chemistry, organic chemistry, general biology, biochemistry