

100-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	體育二上:籃球E1	Serial No. / ID	2151 / CDC1301
Dept.	共同教學中心	School System / Class	大學日間部8年2班
Lecturer	賴永成	Full or Part-time	專任
Required / Credit	Required / 0	Graduate Class	NO
Time / Place	(一)12 / K309	Language	Chinese

Introduction

There were three purpose of this class:
the first was to learn the philosophy of basketball, the second was to learn the correct practice method for basketball skill, the third was to improve the heath of students.

Outline

chapter 1-practice basic drill skills.
chapter 2-practice offensive footwork for basic offensive skills.
chapter 3-practice basic offensive skills.

Prerequisite

Students should be equipped with three basic competence:
the first was basic drill skills.
the secend was offensive footwork for all basic offensive skills.
the third was basic offensive skills.