

100-1 Preliminary Syllabus, Da-Yeh Univ

Information			
Title	體育一(上)E26	Serial No. / ID	2129 / CDC7726
Dept.	共同教學中心	School System / Class	大學日間部8年1班
Lecturer	紀璟琳	Full or Part-time	兼任
Required / Credit	Required / 1	Graduate Class	NO
Time / Place	(五)34 / K309	Language	Chinese

Introduction

Trains the student to construct the strong body and spirit
Trained the student to find has the interest movement lifelong

Outline

Tennis: Backhand stroke, the high pressure is serving, tennis match rule
Badminton: Backhand service, the lofty ball, the high pressure is smashing a ball

Prerequisite

Physical and moral integrity movement idea